



# SACRED HEART PARISH

**Sunday 14th December 2025**

**3rd Sunday in Advent**



**Deacon: Joe Baxter**

**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon, Tues, Wed & Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://sacredheartparishbelfast.com> **Webcam** ([sacredheartparishbelfast.com](https://sacredheartparishbelfast.com))

## ~Mass Times~

**Saturday:** 6:00pm(Vigil):

**Sunday Masses:** 9:30am:

11:30am:

**Weekday Masses:** Monday 10:00am:

Tuesday 7:00pm Novena:

Wednesday 10:00am:

Thursday 10:00am:

**Thursday 7:00pm:**

Friday 10:00am:

Helen Armstrong, 1st Anniversary Mass

Tony McCann, Month's Mind Mass

**NO MASS**

Charles & Elizabeth McCullough, Anniversary Mass

**NO MASS**

**Reconciliation Service**

Isobel Fairfield, Anniversary Mass

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:30pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.

Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

**13th December**

St Lucy

**18th December**

St Flannan

### ~Recently Deceased~

Shéala Inglis  
Rebecca Tierney  
Margaret Hughes  
Pauline Ferrin  
Daniel Fenton

*Eternal rest grant unto them,  
O Lord*

### ~Sanctuary Candles~

Gerard Thompson  
Tony Foley  
Stephen Murphy  
The MacQuillan Family  
Breda Burke Richards  
Sarah & Fred Mawhinney

A Donation of £5 per candle would be  
Greatly Appreciated

### ~Weekly Collection~

£1005.78

The Parish Thanks You For Your  
Kindness And Generosity

### The Advent Wreath

Evergreen for everlasting Life  
Circular for God's continuing Love  
Purple candles for penance and pink  
for joyful hope.  
White candle is the light of Christ  
born in each of us.

### ~Anniversaries~

Molly Hamill

*Eternal rest grant unto them,  
O Lord*

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
( Micah 6:8)

# DATES FOR YOUR DIARY

Christmas Mass Bouquets are now available from the Parish Office. £2.50 each.

EVERYONE IS WELCOME TO JOIN US FOR THE  
FOLLOWING SERVICES

CHRISTMAS MASS TIMES  
at Sacred Heart 2025

Thursday 18<sup>th</sup> December  
Reconciliation Service 7.00pm

Wednesday 24<sup>th</sup> December  
(Christmas Eve)  
Vigil Mass for Christmas 7.00pm

Thursday 25<sup>th</sup> December  
(Christmas Day)  
9.30am  
11.30am

Christmas Mass times at neighbouring Parishes

**St Patrick's**

Christmas Eve: 6.00pm & 9.00pm  
Christmas Day: 9.00am & 11.00am

**Holy Family Parish**

Christmas Eve: 6.00pm & 9.00pm (Holy Family Church)  
7.30pm (St Thérèse)  
Christmas Day: 9.00am & noon (St Thérèse )  
10.30am (Holy Family)

**St Vincent De Paul Ligoniel**

Christmas Eve: 6.30pm  
Christmas Day: 10am

**St Gerards**

Christmas Eve: 6.00pm (Children's Mass)  
Christmas Eve: 9.00pm (carols starting at 8.30pm)  
Christmas Day: 10.30am

Anyone wishing to book a Anniversary Mass, Month's Mind Mass, or Sanctuary Candles, please contact the office during opening hours, leave a message on voicemail, or email your request to [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org). Thank You.

**Giving Sunday:** All proceeds from the second collections this weekend are in aid of the brilliant work that St Vincent de Paul carry out in our local community. Help give a family the Wonder of Christmas.

**Faith & Film: Christmas Screening at the Belfast Jesuit Centre**, Thurs 18th Dec at 7pm. You are warmly invited to a contemplative evening of cinema, prayer, and conversation. Joyeux Noël, a moving film based on the true story of Christmas Eve 1914, when soldiers from opposing sides laid down their arms and discovered one another's humanity. Through this powerful story, we'll reflect together on the mystery of Emmanuel - God with us; even in the darkest of nights. No need to register, just come along. Small donation suggested. Venue: Belfast Jesuit Centre, 193-195 Donegall Street, BT1 2FL Contact: 077955282371 | [bjc@jesuit.ie](mailto:bjc@jesuit.ie)

**Sacred Heart Stitch & Crochet Group** would like to thank everyone for their support at the Annual Christmas Sale, which raised £922.80 for Parish funds. Your generosity is very much appreciated.

**Crib of Hope. Help deliver a baby in Bethlehem this Christmas.** This year our crib donations are going to the Order of Malta Holy Family Hospital Bethlehem. Just 800 meters from the birth place of Jesus, there is one door that is always open to poor and destitute expectant mothers without discrimination. Your generous donations would be greatly appreciated.

**Misa De Gallo.** 'The Lord is a Lamp for my steps and a Light for my path'. 9 day Novena before Christmas, 16th-24th December, with Very Rev Fr Vincent Cushnahan. Starting at 6pm. St Vincent de Paul Church, 169 Ligoniel Road, Belfast. All are welcome.

**Tuesday's Child.** Following Yonder Star Christmas Appeal helping children exhausted by war, famine and extreme hardship in: Gaza, Syria, Ukraine, Ethiopia, Uganda, Kenya, India, Pakistan, Brazil, Tanzania. All donations received go to catholic missionaries and diocesan priests caring for children. Visit [www.tuesdayschild.ie](http://www.tuesdayschild.ie)

**Legion of Mary - Our Lady of Good Counsel.** The Legion of Mary has recently launched a women's only praesidium and is seeking new members. Our Lady of Good Counsel praesidium works to assist the Church in its evangelisation efforts. Our work includes leading public rosaries, promoting the Miraculous Medal devotion, and encouraging people in their faith through street and door-to-door evangelisation. We meet on Mondays at 7.30pm at Frank Duff House, 14 Cliftonville Road. All welcome!

**St Malachy's College** will be holding Open Nights on Wed 14th and Thurs 15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or visit [www.stmalachyscollege.com](http://www.stmalachyscollege.com)

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**

