



SACRED HEART PARISH

Sunday 14th December 2025

3rd Sunday in Advent



Deacon: Joe Baxter



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed & Fri.

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://sacredheartparishbelfast.com> Webcam (sacredheartparishbelfast.com)

~Mass Times~

Saturday: 6:00pm(Vigil):

Sunday Masses: 9:30am:

Helen Armstrong, 1st Anniversary Mass

11:30am:

Tony McCann, Month's Mind Mass

Weekday Masses: Monday 10:00am:

NO MASS

Tuesday 7:00pm Novena:

Charles & Elizabeth McCullough, Anniversary Mass

Wednesday 10:00am:

NO MASS

Thursday 10:00am:

Reconciliation Service

Thursday 7:00pm:

Isobel Fairfield, Anniversary Mass

Friday 10:00am:

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:30pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.

Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

13th December
St Lucy

18th December
St Flannan

~Recently Deceased~

Shéala Inglis
Rebecca Tierney
Margaret Hughes
Pauline Ferrin
Daniel Fenton

*Eternal rest grant unto them,
O Lord*

~Sanctuary Candles~

Gerard Thompson
Tony Foley
Stephen Murphy
The MacQuillan Family
Breda Burke Richards
Sarah & Fred Mawhinney

A Donation of £5 per candle would be
Greatly Appreciated

~Weekly Collection~

£1005.78

The Parish Thanks You For Your
Kindness And Generosity

The Advent Wreath

Evergreen for everlasting Life
Circular for God's continuing Love
Purple candles for penance and pink
for joyful hope.
White candle is the light of Christ
born in each of us.

~Anniversaries~

Molly Hamill

*Eternal rest grant unto them,
O Lord*

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I
desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least
spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY

Christmas Mass Bouquets are now available from the Parish Office. £2.50 each.

EVERYONE IS WELCOME TO JOIN US FOR THE FOLLOWING SERVICES

CHRISTMAS MASS TIMES
at Sacred Heart 2025

Thursday 18th December

Reconciliation Service 7.00pm

Wednesday 24th December
(Christmas Eve)

Vigil Mass for Christmas 7.00pm

Thursday 25th December

(Christmas Day)

9.30am

11.30am

Christmas Mass times at neighbouring Parishes

St Patrick's

Christmas Eve: 6.00pm & 9.00pm

Christmas Day: 9.00am & 11.00am

Holy Family Parish

Christmas Eve: 6.00pm & 9.00pm (Holy Family Church)

7.30pm (St Thérèse)

Christmas Day: 9.00am & noon (St Therése)

10.30am (Holy Family)

St Vincent De Paul Ligoniel

Christmas Eve: 6.30pm

Christmas Day: 10am

St Gerards

Christmas Eve: 6.00pm (Children's Mass)

Christmas Eve: 9.00pm (carols starting at 8.30pm)

Christmas Day: 10.30am

Anyone wishing to book a Anniversary Mass, Month's Mind Mass, or Sanctuary Candles, please contact the office during opening hours, leave a message on voicemail, or email your request to sacredheart@downandconnor.org. Thank You.

Giving Sunday: All proceeds from the second collections this weekend are in aid of the brilliant work that St Vincent de Paul carry out in our local community. Help give a family the Wonder of Christmas.

Faith & Film: Christmas Screening at the Belfast Jesuit Centre, Thurs18th Dec at 7pm. You are warmly invites you to a contemplative evening of cinema, prayer, and conversation. Joyeux Noël, a moving film based on the true story of Christmas Eve 1914, when soldiers from opposing sides laid down their arms and discovered one another's humanity. Through this powerful story, we'll reflect together on the mystery of Emmanuel - God with us; even in the darkest of nights. No need to register, just come along. Small donation suggested. Venue: Belfast Jesuit Centre, 193–195 Donegall Street, BT1 2FL Contact: 077955282371 | bjc@jesuit.ie

Sacred Heart Stitch & Crochet Group would like to thank everyone for their support at the Annual Christmas Sale, which raised £922.80 for Parish funds. Your generosity is very much appreciated.

Crib of Hope. Help deliver a baby in Bethlehem this Christmas. This year our crib donations are going to the Order of Malta Holy Family Hospital Bethlehem. Just 800 meters from the birth place of Jesus, there is one door that is always open to poor and destitute expectant mothers without discrimination. Your generous donations would be greatly appreciated.

Misa De Gallo. 'The Lord is a Lamp for my steps and a Light for my path'. 9 day Novena before Christmas, 16th-24th December, with Very Rev Fr Vincent Cushnahan. Starting at 6pm. St Vincent de Paul Church, 169 Ligoneil Road, Belfast. All are welcome.

Tuesday's Child. Following Yonder Star Christmas Appeal helping children exhausted by war, famine and extreme hardship in: Gaza, Syria, Ukraine, Ethiopia, Uganda, Kenya, India, Pakistan, Brazil, Tanzania. All donations received go to catholic missionaries and diocesan priests caring for children. Visit www.tuesdayschild.ie

Legion of Mary - Our Lady of Good Counsel. The Legion of Mary has recently launched a women's only praesidium and is seeking new members. Our Lady of Good Counsel praesidium works to assist the Church in its evangelisation efforts. Our work includes leading public rosaries, promoting the Miraculous Medal devotion, and encouraging people in their faith through street and door-to-door evangelisation. We meet on Mondays at 7.30pm at Frank Duff House, 14 Cliftonville Road. All welcome!

St Malachy's College will be holding Open Nights on Wed14th and Thurs15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or visit www.stmalachyscollege.com

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000

Samaritans anytime night or day 116 123

St Vincent De Paul 028 90351561

Cancer Lifeline 028 90 351999

AA 02890351222

Al-Anon Family Groups 028 9068 2368

PIPS 0800 088 6042

Youth Education Health Advise 02890 757 809

Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee

